



Full Name

Could you please advise your pre-operative standing orders. The South Bank Day Hospital has adopted the ANZCA Guidelines for Fasting Times as standard for all patients as listed below. Patients will be advised to take routine medications as usual unless otherwise advised.

Fasting Times:

| | | |
|------------------------------|--------|--|
| MLA /Sedation/Regional Block | Food: | 6 hours |
| | Fluid: | <ul style="list-style-type: none"> Between 6 and 2 hours – Clear Liquids Only – Maximum 200ml/hour. 2 hours to admission – Nil By Mouth. |
| General Anaesthetic | Food: | 6 hours |
| | Fluid: | <ul style="list-style-type: none"> Between 6 and 2 hours – Clear Liquids Only – Maximum 200ml/hour. 2 hours to admission – Nil By Mouth. |

Diabetic Patients

(stable diabetics only)

For unstable diabetic patients you will receive a phone call for advice on pre-operative orders.

| | | |
|--|-----------------|--|
| Oral Hypoglycaemic | AM list: | |
| | PM list: | |
| Insulin (Patients will be asked to bring with them) | AM list: | |
| | PM list: | |

| | |
|--|--|
| Medications | |
| Other pre-operative standing orders | |
| Anticoagulants/Antiplatelets | Patients will be advised to discuss anticoagulant/antiplatelet treatment with their surgeon. Surgeon and Anaesthetist will be notified if last available INR is greater than 2. |

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|-----------|--|------|--|
| Signature | | Date | |
|-----------|--|------|--|